

2012 Colorado Association & Mid-America Region  
Masters & Open Indoor Track & Field Championships  
2/12/2012  
US Air Force Academy Indoor Track  
Colorado Springs, CO

60M

HUTCHINSON, CORDELLA	F OPEN	20	8.23
YOUNG, APRIL	F OPEN	21	8.39
FIELDS, PERRY	F30-34	33	8.57
RAIRDON, LINDSAY	F30-34	34	8.73
REED, LADONNA	F35-39	37	8.68
MIKKELSON, FELISHA	F35-39	36	9.56
PALMER, LIZ	F50-54	51	8.18
BOWMAN, JEANNE	F55-59	59	9.81
MATTHEWS, BRENDA	F60-64	62	9.07
NICOLETTI, CATHY	F60-64	61	9.84
EVANS, ZANE	M OPEN	20	7.03
WALS, CHRIS	M OPEN	23	7.29
GREEN, TYLER	M OPEN	18	7.47
BOCCARD, TRAVIS	M OPEN	21	7.47
GILBERT, BRANT	M30-34	30	7.25
MONTOYA-COLLINS	M30-34	31	7.49
KNEWL, SALBOO	M30-34	30	7.85
MARTIN, VINCENT	M40-44	44	7.47
CAUSSE, JD	M40-44	44	7.86
NELSON, ARTHUR	M40-44	42	7.97
BITTINGER, CHRISTOPHER	M40-44	44	8.43
SASHEN, STEVEN	M45-49	49	7.94
WOLFE, MICHAEL	M50-54	52	8.17
MANNING, GRAEME	M50-54	52	9.22
MIZER, RAY	M55-59	58	11.27
LUCIANO, JOE	M55-59	56	8.31
KELLER, DONALD	M55-59	56	8.77
HOLSTEEN, DAN	M55-59	57	9.32
POWELL, CHARLIE	M60-64	60	8.21
ENGEMAN, RICK	M60-64	60	8.99
OLSON, RANDALL	M60-64	64	9.31
ROSS, JIMMY	M65-69	68	9.57
MEYER, ALEX	M70-74	70	10.49
ARNOLD, ED	M70-74	73	12.17
McKISSON, RICHARD	M70-74	74	9.22
CAMP, DICK	M75-79	75	9.79
FRANKS, RAY	M75-79	77	9.81

200M

YOUNG, APRIL	F OPEN	21	28.28
BERNERT, BRANDI	F30-34	33	25.84
McFALL, KRISTIN	F40-44	41	30.69
BOWMAN, JEANNE	F55-59	59	33.40
SMITH MARY	F70-74	71	38.78
WALS, CHRIS	M OPEN	23	23.73

GREEN, TYLER	M OPEN	18	23.93
OLSON, JAMES	M OPEN	20	24.61
MONTOYA-COLLINS	M30-34	31	24.80
BITTINGER, CHRISTOPHER	M40-44	44	26.56
NELSON, ARTHUR	M40-44	42	26.70
WOLFE, MICHAEL	M50-54	52	26.39
MANNING, GRAEME	M50-54	52	30.97
POWELL, CHARLIE	M60-64	60	26.71
ENGEMAN, RICK	M60-64	60	32.27
OLSON, RANDALL	M60-64	64	33.63
ROSS, JIMMY	M65-69	68	34.20
McKISSON, RICHARD	M70-74	74	31.97
MEYER, ALEX	M70-74	70	36.96
FRANKS, RAY	M75-79	77	34.18
CAMP, DICK	M75-79	75	35.94

#### 400M

YOUNG, APRIL	F OPEN	21	1:07.03
SMITH MARY	F70-74	71	1:32.88
BITTINGER, CHRISTOPHER	M40-44	44	58.63
ERICKSON, GLENN	M50-54	51	1:05.80
SNOW, GEORGE	M50-54	52	1:15.80
WOLFE, MICHAEL	M50-54	52	58.23
ALBO, DAVID	M55-59	55	1:07.43
POWELL, CHARLIE	M60-64	60	1:02.60
ANDERSON, JOHN	M60-64	64	1:14.40
FISCHER, BOBBY	M70-74	72	1:25.44
MEYER, ALEX	M70-74	70	1:29.01
FULTON, BOB	M70-74	72	1:30.56
RASMUSSEN, CHARLES	MOPEN	17	51.97
BERRY, MAX	MOPEN	17	59.18

#### 800M

WALLER, RUTH	F OPEN	27	2:27.53
RAMOS, ANGELINA	F OPEN	26	2:38.52
TAYLOR, ANNIE	F OPEN	19	2:57.36
ROUMEL, NINA	F OPEN	20	2:57.41
THOMPSON, DYAN	F40-44	44	3:11.23
THOMPSON, DAWN	F45-49	45	3:05.86
McCUBBIN, TROY	M35-39	39	2:29.33
McFALL, RAY	M45-49	49	2:50.07
ERICKSON, GLENN	M50-54	51	2:29.62
SNOW, GEORGE	M50-54	52	2:57.12
ALBO, DAVID	M55-59	55	2:36.68
ANDERSON, JOHN	M60-64	64	2:56.14
MEYER, ALEX	M70-74	70	3:33.13

#### 1500M

HOPPER, BETSIE	F OPEN	18	5:24.76
CAPLAN, ALEX	F OPEN	18	5:34.90
FEBVRE, CAMILLE	F OPEN	22	5:54.17
EIPPER, VALERIE	F50-54	51	6:03.53

HALL, NICK	M OPEN	18	4:28.68
ENGLISH, MIKE	M OPEN	18	4:53.97
DOUGAN, MIKE	M OPEN	22	4:57.12
KEOWN, MIKE	M45-49	49	5:25.89
ANDERSON, JOHN	M60-64	64	6:11.51

#### 3000M

EIPPER, VALERIE	F50-54	51	13:30.18
KEOWN, MIKE	M45-49	49	12:00.18

#### 3000M RW

MARTINO, MARANNE	F60-64	61	18:26.94
SINKOVEC, RITA	F70-74	73	20:42.41
BARRON, TREVOR	M OPEN	19	11:50.86
CASTILLO PANTOJA, GERARD	M OPEN	26	16:16.07
BUCK, SEAN	M OPEN	20	19:40.49
PANTOJA, FRANCISCO	M35-39	35	14:07.32
FOREMAN, CRAIG	M60-64	63	24:19.52
SMITH, ROBERT F.M. II	M70-74	70	23:22.19

#### 60M HURDLES

HUTCHINSON, CORDELLA	F OPEN	20	10.4
MIKKELSON, FELISHA	F35-39	36	12.7
McFALL, KRISTIN	F40-44	41	9.63
PALMER, LIZ	F50-54	51	9.32
KELLEHER-BROZOST, TUCKE	M OPEN	19	11.39
McCRIMMON, JAMES	M50-54	51	9.7
KELLER, DONALD	M55-59	56	9.7
OLSON, RANDALL	M60-64	64	11.18
IWEN, GENE	M60-64	61	11.75
McKISSON, RICHARD	M70-74	74	10.72
MEYER, ALEX	M70-74	70	14.13

#### LONG JUMP

RAIRDON, LINDSAY	F30-34	34	4.73
BERNERT, BRANDI	F30-34	33	4.19
REED, LADONNA	F35-39	37	4.83
McFALL, KRISTIN	F40-44	41	4.37
THOMPSON, DYAN	F40-44	44	3.68
RAHAM, SHARON	F65-69	65	2.63
SCHULL, MATTHEW	M OPEN	21	6.45
WALS, CHRIS	M OPEN	23	5.78
KNEWL, SALBOO	M30-34	30	5.71
MARTIN, VINCENT	M40-44	44	6.20
McFALL, RAY	M45-49	49	4.11
WALKER, PATRICK	M45-49	49	3.70
McCRIMMON, JAMES	M50-54	51	5.43
MANNING, GRAEME	M50-54	52	3.66
KELLER, DONALD	M55-59	56	5.58
OLSON, RANDALL	M60-64	64	4.10
IWEN, GENE	M60-64	61	4.01
ROSS, JIMMY	M65-69	68	3.51

CARTWRIGHT, MONTY	M65-69	67	3.25
FULTON, BOB	M70-74	72	3.57
MEYER, ALEX	M70-74	70	3.54
ARNOLD, ED	M70-74	73	2.93

#### HIGH JUMP

McFALL, KRISTIN	F40-44	41	1.45
THOMPSON, DYAN	F40-44	44	1.25
RAHAM, SHARON	F65-69	65	0.95
DONLEY, CHRISTEL	F75-79	77	1.03
URENDA, ANGELIQUE	FOPEN	17	1.45
SCHULL, MATTHEW	M OPEN	21	1.80
KNEWL, SALBOO	M30-34	30	1.60
CAUSSE, JD	M40-44	44	1.50
McFALL, RAY	M45-49	49	1.45
WALKER, PATRICK	M45-49	49	1.30
McCRIMMON, JAMES	M50-54	51	1.65
KNOCHE, RANDY	M50-54	50	1.50
KELLER, DONALD	M55-59	56	1.45
IWEN, GENE	M60-64	61	1.25
JESMER, JOHN	M60-64	62	1.20
ROSS, JIMMY	M65-69	68	1.20
FULTON, BOB	M70-74	72	1.25
MEYER, ALEX	M70-74	70	1.10
ARNOLD, ED	M70-74	73	1.00
DONLEY, JERRY	M80-84	81	1.03
MEIHAUS, NICHOLAS	MOPEN	17	1.55

#### TRIPLE JUMP

RAIRDON, LINDSAY	F30-34	34	9.42
RAHAM, SHARON	F65-69	65	5.82
PETERS, BART	M35-39	38	12.89
MARTIN, VINCENT	M40-44	44	12.75
WALKER, PATRICK	M45-49	49	7.31
KELLER, DONALD	M55-59	56	9.33
OLSON, RANDALL	M60-64	64	8.18
JESMER, JOHN	M60-64	62	6.90
ROSS, JIMMY	M65-69	68	7.73
CARTWRIGHT, MONTY	M65-69	67	7.50
MEYER, ALEX	M70-74	70	6.58

#### POLE VAULT

SOCEKA, JENNY	F OPEN	24	4.10
JENKINS, AMANDA	F OPEN	27	3.65
SUPPES, BRIANA	F OPEN	22	3.20
ABRAM, MIRIAH	F OPEN	18	2.75
BUMGARDNER, BRENDA	F45-49	45	3.05
BRUNSDALE, LAUREN	FOPEN	17	2.90
McCABE, MEGAN	FOPEN	17	2.75
URENDA, ANGELIQUE	FOPEN	17	2.60
TOTH, HANNAH	FOPEN	17	2.45
ADCOCK, AMANDA	FOPEN	17	2.00

MATTISON, ERIC	M OPEN	23	NH
QUILLER, RORY	M OPEN	27	5.41
PURCELL, JUSTIN	M OPEN	26	4.25
FELKLEY, MACK	M OPEN	18	3.80
CORDOVA, GABRIEL	M OPEN	18	3.65
MANSON, PAT	M40-44	44	4.55
CULLIGAN, JEFF	M40-44	41	3.80
PIERSON, MARK	M50-54	50	4.10
KNOCHE, RANDY	M50-54	50	2.90
NICKERSON, ERIC	M60-64	61	2.75
OLSON, RANDALL	M60-64	64	2.45
JESMER, JOHN	M60-64	62	2.30
FULTON, BOB	M70-74	72	2.60
MEYER, ALEX	M70-74	70	1.55
DONLEY, JERRY	M80-84	81	2.15
WACKER, STEVEN	MOPEN	17	4.73
HOLLAND, JOSH	MOPEN	17	4.25
REX, KACI	MOPEN	17	3.80
MONAHAN, ERIK	MOPEN	17	3.65
FISHER, STEPHON	MOPEN	17	3.50
FOREST, NATHAN	MOPEN	17	3.50
YEE, RYAN	MOPEN	17	3.50
RAGAN, ALEX	MOPEN	17	3.20
BERRY, MAX	MOPEN	17	3.05
PATTON, NICHOLAS	MOPEN	17	3.05
MATTISON, BRAD	MOPEN	17	2.75
RAY, ZAC	MOPEN	17	2.60
PRUTCH, JEROD	MOPEN	17	2.45
MEIHAUS, NICHOLAS	MOPEN	17	2.45
MANSON, MAX	MOPEN	17	2.30

SHOT PUT

IVSIN, GEORGIA	F OPEN	22	7.65
McFALL, KRISTIN	F40-44	41	9.56
THOMPSON, DYAN	F40-44	44	7.31
JOHNSON, CAREN	F45-49	46	6.37
MATTHEWS, BRENDA	F60-64	62	9.14
RAHAM, SHARON	F65-69	65	6.50
DONLEY, CHRISTEL	F75-79	77	7.43
CAUSSE, JD	M40-44	44	9.37
McFALL, RAY	M45-49	49	8.75
WALKER, PATRICK	M45-49	49	11.00
McCRIMMON, JAMES	M50-54	51	9.46
MIZER, RAY	M55-59	58	7.66
VASQUEZ, GIL	M55-59	58	10.81
KELLER, DONALD	M55-59	56	10.16
DECKER, MICHAEL	M60-64	63	10.88
MASTERS, REED	M65-69	65	9.28
HARVEY, WILLIAM	M65-69	66	12.46
FULTON, BOB	M70-74	72	9.61
MEYER, ALEX	M70-74	70	10.87

WEIGHT THROW

JOHNSON, CAREN	F45-49	46	5.74
RAHAM, SHARON	F65-69	65	9.85
MIZER, RAY	M55-59	58	7.87
VASQUEZ, GIL	M55-59	58	10.96
DECKER, MICHAEL	M60-64	63	11.99
OLSON, RANDALL	M60-64	64	11.76
MASTERS, REED	M65-69	65	13.08
MEYER, ALEX	M70-74	70	9.93
SPENCER, VERN	M75-79	77	10.58

SUPERWEIGHT

RAHAM, SHARON	F65-69	65	6.42
MIZER, RAY	M55-59	58	3.36
VASQUEZ, GIL	M55-59	58	4.79
DECKER, MICHAEL	M60-64	63	5.90
MASTERS, REED	M65-69	65	6.46
SPENCER, VERN	M75-79	77	5.48